

**Religious Education & Positive Mental Health and Wellness:** end of September to Thanksgiving

May also be used during Advent or Lent as a Gratitude project.

## Grade 11 - Lesson 2

<p><b>Grade 11 Who <u>I AM</u> ... Lesson 2 – MENTOR TEXT</b></p> <p><b>World Religion - “gratitude is contagious”</b></p> <p>Who <u>I AM</u> Makes A Difference Because Jesus Loves Me!</p>	
<p><b>Background [See: Dear Teacher]</b></p> <p><i>God promised Moses, “I will be with you.” God has made the same promise to each of us because He considers us His children. He loves YOU without conditions. His presence in YOUR life is constant. Did you know that His love for you is free of conditions? No conditions at all! That’s cool.</i></p>	
<p><b>Curriculum Expectation – Ontario Catholic School Graduate Expectations, Overall and Specific Expectations from related Subjects</b></p>	
<p><b><u>Ontario Catholic School Graduate Expectations</u></b></p> <p><b>CGE1a</b> -illustrates a basic understanding of the saving story of our Christian faith</p> <p><b>CGE2a</b> -listens actively and critically to understand and learn in light of gospel values</p> <p><b>CGE3d</b> -makes decisions in light of gospel values with an informed moral conscience</p> <p><b><u>World Religion Overall Expectation</u></b></p> <p>Show respect for the sacred writings of the world’s major religions (Scripture 3<sup>rd</sup> nugget)</p> <p><b><u>World Religion Specific Expectation</u></b></p> <p>Demonstrate the importance of covenants (Moses) (Scripture 2<sup>nd</sup> nugget)</p> <p>Evaluate the importance of Sacred Scripture/writing for moral decision-making (The Golden Rule) (Scripture 11<sup>th</sup> nugget)</p>	<p><b>Learning Goals</b></p> <ul style="list-style-type: none"> <li>• Students will demonstrate respect for the sacred writings of the world’s major religions (Scripture 3<sup>rd</sup> nugget)</li> <li>• Students will view The Golden Rule through the lenses of major religions</li> <li>• Students will connect the Christian message of The Golden Rule with symbols from Aboriginal Spirituality</li> </ul> <p><i>Success Criteria (possible suggestion)</i></p> <p>1. I will achieve success by using Aboriginal Spirituality themes and Jesus’ teaching of the Golden Rule to create a ‘billboard’ that blends</p>



		<p><i>both.</i></p> <p><i>2. I will achieve success by using the billboard to express a Christian opinion with a blending of Aboriginal Spirituality.</i></p> <p><i>3. I will achieve success by using 8x10 white paper, colouring tools, border, message, and 3 symbols unique to Aboriginal Spirituality.</i></p>
<b>Instructional Components</b>		
<p><b>Prior Knowledge and/or Skills</b></p> <p>Gospel of Matthew 7:12</p> <p>Gospel of Matthew 19:19</p> <p><b><u>Suggested Teacher Daily Reflection</u></b></p> <p>Gus Lloyd 60 Second Reflections</p> <p><a href="http://guslloyd.com">http://guslloyd.com</a></p>	<p><b>Terminology</b></p> <p>Rules</p> <p>The Golden Rule</p> <p><b>The Golden Rule can be found:</b></p> <p>Matthew 5:43; 22:39;</p> <p>Mark 12:31; Luke 10:27;</p> <p>Romans 13:9; Galatians 5:14; and James 2:8</p>	<p><b>Resources/Materials</b></p> <p>Bibles</p> <p>Dear Teacher</p> <p>Mentor Text – The Golden Rule</p> <p>Who <b>I AM</b> Rubric</p> <p><a href="http://www.scarboromissions.ca/Golden_rule/">http://www.scarboromissions.ca/Golden_rule/</a></p>
<b>Prayer/Scripture Focus</b>		
<p>In the name of the Father and of the Son and of the Holy Spirit, Loving God, the Great <b>I AM</b>, I thank you that you are always with me, helping me, guiding me, leading me, keeping me safe, and shaping my resiliency. I also thank you for the unconditional love that you give to me. Bring to my mind two people in my life who I am grateful for, people who have helped me, guided me or loved me in a special way. I pray now for those two special people. Help me to remember that, <b>who I am</b> makes a difference to others and to you, I pray, in the name of the Father and of the Son and of the Holy Spirit, Amen</p>		
<b>Minds On</b>	<b>Approximately 10 Minutes</b>	<b>Assessment</b>
<p>On blackboard have the words written...<b>IT BEGINS WITH YOU!</b></p> <p>Invite students to come up to the blackboard, one at a time, and write one idea to compliment this statement. Have students print their name beside their statement. Discuss with students the possibilities this statement could be connected to. (positive mental health attitude, academics, family)</p>		



<b>Teacher Voice</b> “What about The Creator/ God? How could this statement be connected to The Creator/God?” (The creation story began with The Creator. Our One God began everything for all of His children...)			
<b>Action</b> <b>Approximately 35 Minutes</b>			<b>Assessment</b>
<b>Mentor Text ....</b> [See: <b>The Golden Rule</b> ] <b>Who I AM...</b> within <b><i>The Golden Rule</i></b> by Ilene Cooper Prepare the text before reading by writing the following questions on a post-it and securing the post-it to the page identified. Thank you.			
<b>Purpose...</b>	<b>Read...</b>	<b>Thinking... (post-its)</b>	<b>Biblical Connection...</b>
Background knowledge prior to reading...  <b>(front cover)</b>	“This story is based on a bible passage found in the Gospel of Matthew 19:19.”	“The cover has pictures of a menorah, fish, turtles, elephant. What do these images serve in connection to The Golden Rule?”	“I wonder if the Golden Rule replaces The Ten Commandments?”
Prediction  <b>(front cover)</b>	“We are surrounded by rules, rules, rules. To refer to one rule as golden sets it apart from all others.”	“What is the Christian version of the Golden Rule.”	“The Christian version of the Golden Rule is written in positive language..”
Plot <b>(read first page – grandfather and boy together)</b>	“A billboard with the Golden Rule written on it. I wonder who owns the billboard?”	“What does the message on the billboard mean to you?” <b>(brainstorm ideas)</b>	The Golden Rule is in the Gospel of Matthew. Compare Matthew 7:12 to 19:19.
Questioning/Wondering Continue to read to where the boy meets the next billboard.	“I wonder why the message has a negative tone to it?”	“Answer the little boys question...who is it for?”	Jesus teaches how to reach happiness from a rule that shines so brightly it is golden.
Question/Guidance Continue to read to where the boy is sitting on the park bench.	“As reflective learners we are called to critically think about messages that surround us.”	“If this boy was your younger brother, how would you answer his question about how to start the Golden Rule?”	In Jesus' "rule" you do favorably acts for others.
The Big Purpose STOP when you get to the page with the little girl. Put the book down and instruct the students.	“Using your chart paper, markers, and a partner create a Top Ten list of <b>To Practice the Golden Rule you would...</b> ”	STOP – allow students creative time and presentation time before reading the remainder of the text.	God has a purpose for all of His Children: to love Him the way He loves you and to love others as you love yourself.



Consolidation	Approximately 25 Minutes	Assessment
<b>Teacher Voice</b>	[See: <b>Who I AM Rubric – CGE Reflective Thinker</b> ]	
<p>“Using your knowledge of Aboriginal Spirituality themes and Jesus’ teaching of the Golden Rule, create a ‘billboard’ using the Christian message and Aboriginal symbols (tree, feather, fish, nature). Your billboard expresses a Christian opinion with a blending of Aboriginal Spirituality. Your supplies include 8x10 white paper and colouring tools. Please include: border, message, and 3 symbols unique to Aboriginal Spirituality.”</p>		
<b>Final Notes</b>		
<b>Prior to Consolidation – Snowball Activity</b>		
<p>Write Aboriginal Spirituality on separate pieces of paper, with enough pieces of paper so that every student receives one. Ask students to write down one piece of information related to the title, but not to put their names on their papers. Then they wad up the paper and toss the “snowball” (either in a box or to a designated center spot). Then each student in the class gets one of the tossed snowballs. Students then look at the snowball they received and write a new piece of information related to the title. Repeat the process again. After a couple of minutes of play, each students holds onto their paper. Students stand and share one piece of information on their snowball. If other students have the same information as what has been read, they cross it off of their snowball. Continue until all of the statements have been shared.</p>		
<p><b>Option</b> – instead of creating a billboard, students could create a collage of pictures that demonstrate the truth to The Golden Rule (what it looks like, sounds like, feels like, how it helps to shape our positive mental health attitude).</p>		
<p><b>Extension</b> – students create a 10 slide PowerPoint blending aspects of Aboriginal Spirituality and Jesus’ Golden Rule in a message of spiritual and mental wellness.”</p>		
<p><i>“Teachers are like gardeners. They provide the things needed for growth: knowledge, wisdom, advice, comfort, support, and love, enabling students to develop to their full potential. In and through this delicate act of gardening, of caring and giving, the teacher facilitates the beautiful development of the life within the seed.”</i></p>		
<p>(from: Filomena Tassi &amp; Peter Tassi, 500 Prayers for Catholic Schools &amp; Parish Youth Groups, Twenty-third Publications, 2004.)</p>		

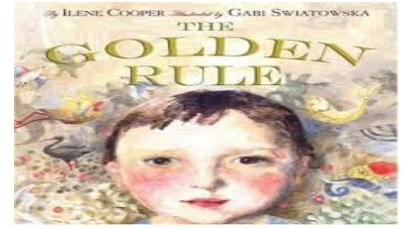


### Dear Teacher Letter

Dear Teacher

Welcome to Who I AM... Lesson 2 – Mentor text.

The mentor text specifically selected for World Religions is The Golden Rule. The backbone to most world religions /cultures is anchored to a version of The Golden Rule.



Through the lenses of Aboriginal Spirituality, students recognize the value, wisdom and honour extended to the elders. In this text, a grandfather and his grandson explore a conversation about The Golden Rule. Grandfather's wisdom surfaces when he states "it begins with you."

Your possibilities of extending this lesson further into reflective discussions, essay writing or cultural studies are endless. Only the tip of the iceberg is exposed to you. Creativity is awaiting you if you wish to explore The Golden Rule further. An attempt was made to shape this mentor text into a one day lesson. Enjoy the opportunities The Golden Rule invites you to engage in. Higher Order Thinking.

A possible suggestion is to purchase wooden rulers from a Dollar Store and write the message "We measure our character by The Golden Rule"

Create an acrostic poem using the words The Golden Rule

Or author a catchy tone... "D-I-G-N-I-T-Y, you've got to share dignity, that's the key. We live by the Golden Rule, at Bishop Smith Secondary"

How does following The Golden Rule address mental health& wellness issues? Thank you for participating in Who I AM... God Bless!



**Who I AM... within The Golden Rule by Ilene Cooper**

Prepare the text before reading by writing the following questions on a post-it and securing the post-it to the page identified.

<b><i>Purpose...</i></b>	<b><i>Read...</i></b>	<b><i>Thinking... (post-its)</i></b>	<b><i>Biblical Connection...</i></b>
Background knowledge prior to reading...  <b><u>(front cover)</u></b>	"This story is based on a bible passage found in the Gospel of Matthew"	"The cover has pictures of a menorah, fish, turtles. How are these images connected to The Golden Rule?" (various world religions)	"I wonder if the Golden Rule replaces The Ten Commandments?" (think aloud for discussion)
Prediction  <b><u>(front cover)</u></b>	"We are surrounded by rules, rules, rules. To refer to one rule as golden sets it apart from all others."	"What is the Christian version of the Golden Rule?"	"Each faith tradition uses different language to express the Golden Rule."
Plot  <b><u>(read first page – grandfather and boy together)</u></b>	"A billboard with the Golden Rule written on it. I wonder who owns the billboard?"	"What does the message on the billboard mean to you?" <b><u>(brainstorm ideas)</u></b>	The Golden Rule is in the Gospel of Matthew. Compare Matthew 7:12 to 19:19.
Questioning/Wondering  <b><u>(Continue to read to where the boy meets the next billboard).</u></b>	"I wonder why the message has a negative tone to it?"	"Answer the little boys question...who is it for?"	Jesus teaches how to reach happiness from a rule that shines so brightly it is golden.
Question/Guidance  <b><u>(Continue to read to where the boy is sitting on the park bench).</u></b>	"As reflective learners we are called to critically think about messages that surround us."	"If this boy was your younger brother, how would you answer his question about how to start the Golden Rule?"	In Jesus' "rule" you do favourably acts for others.
The Big Purpose  <b>STOP when you get to the page with the little girl. Put the book down and instruct the students.</b>	"Using your chart paper, markers, and a partner create a Top Ten list of <b>To Practice the Golden Rule you would..."</b>	STOP – allow students creative time and presentation time before reading the remainder of the text.  <b>FINISH READING TEXT</b>	God has a purpose for all of His Children: to love Him the way He loves you and to love others as you love yourself.



## Who I AM... RUBRIC

*The Golden Rule – bulletin board*

	Level 4	Level 3	Level 2
<b>Catholic Graduate Expectations:</b> 1. Discerning believer 2. Effective communicator 3. Reflective, creative & holistic thinker 4. Self-directed, lifelong learner 5. Collaborative contributor 6. Caring family member 7. Responsible citizen	Demonstrated thorough understanding of CGE  Reflective Thinker Notes:	Demonstrated considerable understanding of CGE  Reflective Thinker Notes:	Demonstrated some understanding of CGE  Reflective Thinker Notes:
<b>Knowledge and Understanding -</b> Subject-specific content acquired. Comprehension of its meaning and significance.	The billboard demonstrates thorough knowledge and understanding of the relationship between Golden Rule as Gospel content of God's Word and Aboriginal Spirituality.	The billboard demonstrates considerable knowledge and understanding of the relationship between Golden Rule as Gospel content of God's Word and Aboriginal spirituality.	The billboard demonstrates some knowledge and understanding of the relationship between Golden Rule as Gospel content of God's Word and Aboriginal Spirituality.
<b>Thinking -</b> The use of critical and creative thinking skills and/or processes	The billboard demonstrates the use of creative thinking skills with a high degree of effectiveness to clearly show the relationship between Aboriginal Spirituality and Jesus' teaching of the Golden Rule.	The billboard demonstrates the use of creative thinking skills with considerable degree of effectiveness to clearly show the relationship between Aboriginal Spirituality and Jesus' teaching of the Golden Rule.	The billboard demonstrates the use of creative thinking skills with some degree of effectiveness to clearly show the relationship between Aboriginal Spirituality and Jesus' teaching of the Golden Rule.
<b>Communication -</b> The conveying of meaning through various forms	The billboard clearly expresses a Christian opinion and organizes 4 ideas of the Golden Rule & Aboriginal symbols with a high degree of effectiveness	The billboard clearly expresses a Christian opinion and organizes 3 ideas of the Golden Rule and Aboriginal symbols with considerable degree of effectiveness	The billboard clearly expresses a Christian opinion and organizes 2 ideas of the Golden Rule and Aboriginal Spirituality with some degree of effectiveness
<b>Application -</b> The use of skills to make connections between Religious Education/Mental Health & Wellness and the world	The billboard shows precise connections between Christianity and Aboriginal Spirituality understanding of the Golden Rule and positive mental health and wellness with a high degree of effectiveness.	Makes connections between the relationship of the Golden Rule, Aboriginal Spirituality, and positive mental health.	Makes connections between the relationship of the Golden Rule, Aboriginal Spirituality, and positive mental health.

Teacher comments \_\_\_\_\_