

Religious Education & Mental Health and Wellness: end of September to Thanksgiving

May also be used during Advent or Lent as a Gratitude project.

Grade 4 - Lesson 3

Grade 4 Who I AM...Lesson 3

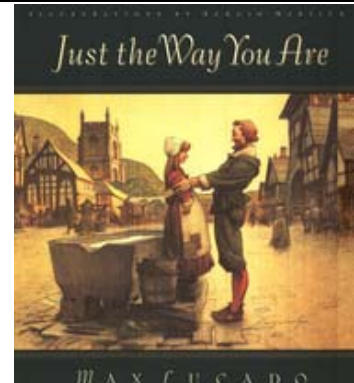
Who I AM Makes a Difference Because Jesus Loves Me!

“My dear, you gave the best gift of all – you gave your heart....your kindness, your time, your love. Of course you’ll be my child. I love you just the way you are”.

Just the Way You Are, written by Max Lucado.

Background

Students will understand that God’s love and forgiveness for them is unconditional. In learning and showcasing their own gifts students will make connections to the Theological Virtues. The Virtues of Faith, Hope and Love are gifts from God that help us to grow in good relationship with God. They are the foundation of our moral activity and help us to follow Jesus. We practice these gifts from God so that *we can make a difference in our world!* Students will demonstrate a confident and positive sense of self. Students will reflect on who they are and understand that God loves them *Just The Way They Are!* Who they are Makes a Difference Because Jesus Loves Them!



Curriculum Expectation – Ontario Catholic School Graduate Expectations, Overall and Specific Expectations from related Subjects

Ontario Catholic School Graduate Expectations

CGE1d - Develops attitudes and values founded on Catholic *social teaching* and acts to promote social responsibility, human solidarity and the common good.

CGE1i -Integrates faith with life.

CGE2c -Presents information and ideas clearly and honestly and with sensitivity to others.

CGE3c -Thinks reflectively and creatively to evaluate situations and solve problems.

CGE4a -Demonstrates a confident and positive sense of self and respect for the dignity and welfare of others.

CGE4g -Examines and reflects on one’s personal values, abilities and aspirations influencing life’s choices and opportunities.


Religion Overall Expectations

ML2: Explain how we are called, through the help of our consciences, to discover God’s truth and obey God’s will.

Learning Goals

By the end of this lesson students should have a solid understanding that the Theological Virtues of Faith, Hope and Love are gifts from God that help us to grow in good relationship with God. They are the foundation of our moral activity and help us to follow Jesus. We practice these gifts from God so that *we can make a difference in our world!* Students will demonstrate a confident and positive sense of self. They will reflect on who they are and understand that

<p>LC2: Understand how through the Church we are encouraged to live a life of holiness.</p> <p><u>Religion Specific Expectations</u> CL2.3: Identify certain gifts coming from God which, when we experience them in our lives, transform us and those who are in relationship with us. ML2.3: Describe the Church’s understanding of the “judgement of conscience” and how it helps us to recognize the moral quality of our actions. LC2.2: Identify how in the Church, its practices, celebrations, service and teachings gather and form us for a life of holiness (e.g. action of the Holy Spirit in the Sacraments, the practice of virtue and charity – outreach, the message of hope and the examples of holiness presented in the readings of the Liturgy of the Word and the gift of Grace in the celebration of the Mass).</p> <p><u>Language Overall Expectations</u> <i>Oral Communication</i> 1. Listen in order to understand and respond appropriately in a variety of situations for a variety of purposes. 2. Use speaking skills and strategies appropriately to communicate with different audiences for a variety of purposes. <i>Reading</i> 1. Read and demonstrate an understanding of a variety of literary, graphic, and informational texts, using a range of strategies to construct meaning. <i>Media Literacy</i> 1. Demonstrate an understanding of a variety of media texts.</p> <p><u>Language Specific Expectations</u> <i>Oral Communication</i> 1.1 Identify purposes for listening in a variety of situations, formal and informal, and set goals related to specific listening tasks. 1.6 Extend understanding of oral texts by connecting the ideas in them to their own knowledge, experience, and insights; to other texts, including print and visual texts; and to the world around them. 2.3 Communicate in a clear, coherent manner, presenting ideas, opinions, and information in a readily understandable form. 2.5 Identify some vocal effects, including tone, pace, pitch, volume, and a range of sound effects, and use them appropriately and with sensitivity towards cultural differences to help communicate their meaning. 2.6 Identify some non-verbal cues, including facial expression, gestures, and eye contact, and use them in oral communications, appropriately and with sensitivity towards cultural differences, to help convey their meaning. 2.7 Use a variety of appropriate visual aids to support or enhance oral Presentations.</p> <p><i>Reading</i> 1.4 Demonstrate understanding of a variety of texts by summarizing important ideas and citing supporting details.</p>	<p>God loves them <i>Just The Way They Are!</i></p> <p>Students will recognize the Theological Virtue of Love as the core virtue by which God loves all people. This is shown through acts of kindness, listening and serving others who are near and far.</p> <p>Students will demonstrate appropriate speaking skills during their <i>Just the way I AM</i> presentation.</p>
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<p>1.6 Extend understanding of texts by connecting the ideas in them to their own knowledge, experience, and insights, to other familiar texts, and to the world around them.</p> <p>1.8 Express opinions about the ideas and information in texts and cite evidence from the text to support their opinions.</p> <p><i>Media Literacy</i></p> <p>1.3 Express opinions about ideas, issues, and/or experiences presented in media texts, and give evidence from the texts to support their opinions.</p>	
Instructional Components	
<p>Prior Knowledge and/or Skills <i>You will need the Mentor Text: Just the Way You Are, written by Max Lucado.</i></p> <p>Post the Minds-On definitions, image, and descriptions for matching game on the smart board or copy onto chart paper.</p> <p>Invite students to prepare the second half of their presentation today with the reflections/connections of the Virtues and who they are and then present tomorrow.</p> <p>Prepare on chart paper, God's Gifts in <i>Just the Way You are</i> for the beginning of the Action activity.</p> <p>Prepare and complete your 'Think Aloud' for the Action activity before the lesson.</p> <p>Reflect how you connect with the Theological Virtues in your daily life. Using the following sentence starters complete them with your unique <i>Just the way I AM</i> thoughts and explanations of how you follow Jesus when you practice these gifts from God.</p> <p>I practice kindness by...</p> <p>I serve others by...</p> <p>I keep a positive attitude by...</p> <p>I say yes to God when I...</p>	<p>Terminology: Theological Virtues: Faith Hope Love Resiliency – ability of bouncing back when encountering difficulties</p> <p>Resources/Materials: BLM 1 – God Loves Me <i>Just the way I AM</i> BLM 2 – Who <i>I AM</i> Exit Card BLM 3 - <i>Just the way I AM</i> Oral Presentation Rubric <i>Mentor Text: Just the Way You Are</i>, written by Max Lucado Max Lucado quote: http://www.searchquotes.com/search/Unknown_Blessings/</p>  <p>Minds On idea for matching game: http://catholicblogger1.blogspot.ca/2010/04/virtues.html</p> <p>Virtues: EOCCC online resource Our Language Our Story: www.ourlanguageourstory.org</p>

<p><i>Who I AM Makes a Difference Because I AM a child of God and Jesus loves me Just the Way I AM!</i> Make photocopies of BLM 1 for your class for this activity.</p> <p>Photograph students during presentations. (Final Notes for Bulletin board)</p>		
Prayer/Scripture Focus		
<p>Prayer</p> <p>Dear God, Thank you for the love you have shown us through the gift of Your Son Jesus. May we show your love to all people in everything we do and say. May our hearts always be kind, forgiving and full of love for others. We ask this through Jesus Christ Your Son, Amen.</p>		
Minds On	Approximately 10 Minutes	Assessment
<p>Please show the following quote about virtues. Search the internet:</p> <p>http://www.searchquotes.com/search/Unknown_Blessings/</p> <div data-bbox="472 1104 937 1413" data-label="Image"> </div> <p>Take a minute to ask the students to respond (opinions, ideas, connections) to this media text.</p> <p>Explain to the students the meaning of virtue and identify the Theological Virtues.</p> <p>Read the following to your students:</p> <p>“The Theological Virtues: Faith, Hope, and Love are gifts from God that help us grow in a good relationship with God the Father, the Son, and the Holy Spirit. They are the foundation of our moral activity and help us to follow Jesus. We practice these gifts from God so that <i>we can make a difference!</i>”</p>		<p>Anecdotal notes on student response to media text.</p>

<p>Faith is God’s gift of believing and seeing with new hearts and eyes as a share in God’s own self-knowledge. Faith enables us to believe what God reveals in Christ and to follow what Christ has taught us in the Gospels and through His Church.</p> <p>Hope is God’s gift of living with trust in God’s promises. Hope enables a confident turning to God in prayer, and work for peace and justice despite many obstacles.</p> <p>Love is God’s gift of loving God above all things and others as God loves them. Love enables us to give ourselves in service to God and neighbour.”</p> <p>Ask the students to match the following descriptions with the correct Theological Virtue. As indicated in the Instructional Components section of this lesson, you can decide if you want to post the following oral activity on chart paper or smart board.</p> <p>Theological Virtues Matching Game:</p> <ol style="list-style-type: none">1. We believe in God. Faith2. Kind acts thought and deeds are done for others. Love3. This virtue keeps us from being discouraged during a difficult time. Hope4. More is possible and justice and peace will prevail. Hope5. Trust in God. Hope6. Giving like Jesus. Love7. Also known as charity. Love8. A way of not only seeing, but also believing what Christ has taught us in the Gospels and handed on to us through His Church. Faith9. Serving and caring for others. Love10. Resiliency. Hope		
Action	Approximately 25 Minutes	Assessment
<p>Complete a second read aloud of, Just the Way You Are, written by Max Lucado. Brainstorm together all of God’s Gifts that were found in the mentor text. Ask students to record their answers on chart paper or smart board. Discuss any questions or reflections about the mentor text.</p> <p>In addition to their oral presentation assignment of <i>Just the way I AM</i> that was assigned during Lesson 1, students complete the following activity.</p> <p>God Loves Me Just the way I AM : Students that they will take a few moments to reflect how they connect with the Theological Virtues in their daily life. Complete the following</p>	<p>Questions and answers (oral) to determine understanding and to help students extend their thinking.</p> <p>Anecdotal notes based on class</p>	

<p>sentence starters with your own unique, <i>Just the way <u>I AM</u></i> thoughts and explanations of how you follow Jesus when you practice these gifts from God.</p> <p>Complete the following ‘Think Aloud’ that you prepared to model this activity for the students.</p> <p>“I practice kindness by...</p> <p>I serve others by...</p> <p>I keep a positive attitude by...</p> <p>I say yes to God when I...</p> <p><i>Who <u>I AM</u> Makes a Difference Because <u>I AM</u> a child of God and Jesus loves me Just the Way <u>I AM</u>!”</i></p> <p>Students will complete BLM 1, <i>God Loves Me Just the way <u>I AM</u></i>. Students begin, <i>Just the way <u>I AM</u></i> oral presentations. Remind students when listening to presentations that the audience is respectful, looks and listens to the speaker.</p> <p>First half of their presentation is presenting <i>Just the way <u>I AM</u></i> paper bag assignment orally. Students will begin by showing the items/pictures that they have collected. The second half will be reading their answers from BLM 1.</p> <p>“I practice kindness by...</p> <p>I serve others by...</p> <p>I keep a positive attitude by...</p> <p>I say yes to God when I...</p> <p><i>Who <u>I AM</u> Makes a Difference Because <u>I AM</u> a child of God and Jesus loves me Just the Way <u>I AM</u>!”</i></p>		discussions.
Consolidation	Approximately 5 Minutes	Assessment
<p>Exit Card question (see BLM 2)</p> <p>Share how God has made us uniquely different to everyone else for a reason and that He is the positive voice that we need to listen to. Invite each student to quietly reflect on their gifts of, <i>Faith, Hope and Love</i> by completing the <i>Who <u>I AM</u></i> Exit Card (BLM 2).</p> <p>God would say that He loves you just the way you are because...</p> <p>Closing Prayer</p> <p>In the name of the Father and of the Son and of the Holy Spirit,</p> <p>Loving God, the Great <u>I AM</u>, I thank you that you are always with me, helping me, guiding me, keeping me safe and for the unconditional love you give to me. Let me recognize my own strength, my own resilience, my own value and my own self-worth. I pray now for the special person in my life who I can say thank you to with my Gift of Words. Help me</p>		<p>BLM 3 - <i>Just the way <u>I AM</u></i> Oral Presentation Rubric</p> <p>BLM 2 – Who <u>I AM</u> exit card</p>

to be the best person I can be and to remember that, Who I am makes a difference to you, we pray, in the name of the Father and of the Son and of the Holy Spirit, amen	
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Final Notes

The work students complete for BLM 2 and photographs of presentations can be beautifully posted on a classroom religion bulletin board for this unit.

For more information on the Catholic Virtues see:

EOCCC online resource Our Language Our Story: www.ourlanguageourstory.org

For more information on Catholic Virtues games to use in your classroom see:

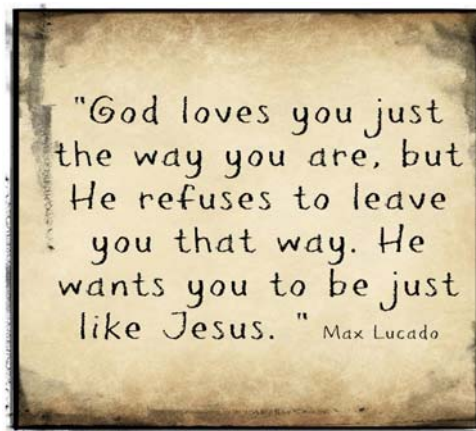
<http://catholicblogger1.blogspot.ca/2010/04/virtues.html>

BLM 1

*God Loves Me Just the way **I AM***

Name _____ Date _____

Take a few moments to reflect how you connect with the Theological Virtues in your daily life. Using the following sentence starters complete them with your unique, *Just the way **I AM*** thoughts and explanations of how you follow Jesus when you practice these gifts from God.



I practice kindness by... _____

I serve others by... _____

I keep a positive attitude by... _____

I say yes to God when I... _____

Who **I AM** Makes a Difference Because **I AM** a child of God and Jesus loves me Just the Way **I AM**!

BLM 2

Who I AM...exit card

Name_____Date_____

God has made us uniquely different to everyone else for a reason and that He is the positive voice that we need to listen to. Quietly reflect on your gifts of, *Faith, Hope and Love*.

God would say that He loves you just the way you are because...

BLM 3

*Just the way **IAM** Oral Presentation Rubric*

Name _____ Date _____

Oral Communication Criteria	Level 1	Level 2	Level 3	Level 4
Communicates in a clear and coherent manner.	Communicates in a clear and coherent manner with limited effectiveness.	Communicates in a clear and coherent manner with some effectiveness.	Communicates in a clear and coherent manner with considerable effectiveness.	Communicates in a clear and coherent manner with a high degree of effectiveness.
Communicates connections to the Theological Virtues of Love, Faith and Hope effectively: I practice kindness by... I serve others by... I keep a positive attitude by... I say yes to God when I...	Communicates connections to the Theological Virtues with limited effectiveness.	Communicates connections to the Theological Virtues with some effectiveness.	Communicates connections to the Theological Virtues with considerable effectiveness.	Communicates connections to the Theological Virtues with a high degree of effectiveness.
Presents and explains <i>Just the Way IAM</i> information about themselves (hobbies, interests, talents, favourite things) staying on topic	Presents and explains <i>Just the Way IAM</i> information, staying on topic with limited effectiveness.	Presents and explains <i>Just the Way IAM</i> information, staying on topic with some effectiveness.	Presents and explains <i>Just the Way IAM</i> information, staying on topic with considerable effectiveness.	Presents and explains <i>Just the Way IAM</i> information, staying on topic with a high degree of effectiveness.
Uses tone, volume, eye contact and pacing appropriately to communicate their presentation.	Uses tone, volume, eye contact and pacing appropriately to communicate their presentation limited effectiveness.	Uses tone, volume, eye contact and pacing appropriately to communicate their presentation with some effectiveness.	Uses tone, volume, eye contact and pacing appropriately to communicate their presentation with considerable effectiveness.	Uses tone, volume, eye contact and pacing appropriately to communicate their presentation with a high degree of effectiveness.
Use appropriate items (visual aids) to enhance their presentation.	Uses appropriate items to enhance their presentation with limited effectiveness.	Uses appropriate items to enhance their presentation with some effectiveness.	Uses appropriate items to enhance their presentation with considerable effectiveness.	Uses appropriate items to enhance their presentation with a high degree of effectiveness.