

Religious Education & Positive Mental Health and Wellness: end of September to Thanksgiving

May also be used during Advent or Lent as a Gratitude project.

Religion Unit 1 – **DRAMA**

Grade 10 – Lesson 7

Grade 10 Who I AM... Lesson 7 – DRAMA

Christ and Culture - “gratitude is contagious”

Who I AM Makes A Difference Because Jesus Loves Me!

Background

Through *I AM WHO I AM* skit, students will develop a deeper understanding of the events leading up to Exodus 3:14 and how Moses is connected to Jesus through the messages of unconditional love, unconditional forgiveness and celebration of life.

Curriculum Expectation – Ontario Catholic School Graduate Expectations, Overall and Specific Expectations from related Subjects

Ontario Catholic School Graduate Expectations

CGE1d – Develops attitudes and values founded on Catholic social teaching and acts to promote social responsibility, human solidarity and the common good

CGE1h – Respects the faith traditions, world religions, and the life-journeys of all people of good will

CGE2d – Writes and speaks fluently one or both of Canada’s official languages

CGE3b – Creates, adapts, evaluates new ideas in light of the common good

CGE5a – Works effectively as an interdependent team member

CGE5e – Respects the rights, responsibilities and contributions of self and others

CGE5f – Exercises Christian leadership in the achievement of individual and group goals

Religion Overall Expectation: Christian Moral

Demonstrate an understanding of the importance of social justice by applying the teachings of Jesus to their own culture and own life situations (Morals 1st nugget)

Religion Specific Expectation: Christian Moral

Demonstrate knowledge of the life and teachings of Jesus and the social teachings of the Church and identify their importance for moral decision-making (Morals 1st nugget)

Learning Goals

- Students will demonstrate an understanding of the importance of social justice by applying the teachings of Jesus to their own culture and own life situations (Morals 1st nugget)

Success Criteria (possible suggestion)

I will achieve success by applying and connecting the teachings of Jesus to my own life through actively participating in guided small group questions and personal self- reflections.

Instructional Components		
<p>Prior Knowledge and/or Skills Exodus 3:14</p> <p><u>Suggested Teacher Daily Reflection</u> Gus Lloyd 60 Second Reflections http://guslloyd.com</p>	<p>Terminology Community Archbishop Unconditional Love Unconditional Forgiveness Celebrate Life</p>	<p>Resources/Materials I AM WHO I AM skit Who I AM questions Who I AM reflection</p>
Prayer/Scripture Focus		
<p>Dear Lord,</p> <p>May the words of the late Archbishop Oscar Romero speak within our heart. "A community is a group of men and women who found the truth in Christ and in His Gospel and...join together to follow it more strongly. In the group, each one finds that the brother or sister is a source of strength and that in moments of weakness they help one another, by loving one another and believing, they give light and example."</p>		
Minds On	Approximately 10 Minutes	Assessment
<p>Invite three students to participate in the I AM WHO I AM skit. [See: I AM WHO I AM skit]</p> <p>While they are preparing for the skit, watch music video http://www.youtube.com/watch?v=wsKN_ZNT82M Israel Houghton</p> <p>Students present skit while class actively participates through listening and responding appropriately.</p>		<p>A brief activity to bring students into learning.</p> <p>Community</p> <ul style="list-style-type: none"> • A group of people living in the same place • Sharing fellowship with others <p>Archbishop</p> <ul style="list-style-type: none"> • A bishop of the highest rank in a particular area
Action	Approximately 40 Minutes	Assessment
<p>Place students into pairs or small groups of 3. Read all of the questions to students. Distribute one of each of the following questions, along with chart paper and markers to each group.</p>		<p>Student thinking is revealed through purposeful</p>

<p>Allow 10 – 15 minutes for small group to discuss and answer the question. <u>Be prepared to present.</u></p> <p>[See: Who I AM questions] Allow students enough time to present their question and answer to whole class</p>	<p>questions.</p> <p><u>Digital recording of conversations</u></p>
<p>Consolidation</p>	<p>Assessment</p>
<p>Discuss within your small group 10 questions you would ask Moses if given the opportunity. Select the #1 question that the group decides is the most important question to reflect love, forgiveness and/or celebration of life. Share with class. Ask a classmate, from the audience, how they think Moses would answer the question. Continue this format with all of the small groups. Write your team’s Moses Question into your prayer journal. Record the response you think Moses would have given you.</p> <p>Closing Prayer In the name of the Father and of the Son and of the Holy Spirit, Loving God, the Great I AM, I thank you that you are always with me, helping me, guiding me, leading me, and keeping me safe. I also thank you for the resilience you have provided me with and the unconditional love that you give to me. Bring to my mind two people in my life who I am grateful for, people who have helped me, guided me or loved me in a special way. I pray now for those two special people. Help me to remember that, who I am makes a difference to others and to you, I pray, in the name of the Father and of the Son and of the Holy Spirit, Amen</p>	<p>Support students’ journey to connecting to the learning goal.</p> <p><u>Anecdotal notes: listening, observation</u></p> <p><u>Prayer journal</u></p>
<p>Final Notes</p>	
<p>Extend the Lesson: Have students turn their 10 questions into a short skit to present to class. Create two acrostic poems: MOSES JESUS</p> <p>Both poems will reflect moral decision making strategies.</p> <p>Students complete the Who I AM reflection handout.</p>	



I AM WHO I AM

Narrator

Moses probably wasn't much older than your parents when he became fed up with how his people were being treated by Pharaoh. They worked so hard and had little relief or rest. The day that Moses saw an Egyptian beating an Israelite slave, he became so upset that he killed the Egyptian and hid the body. Moses didn't think anyone say his action. Moses didn't want to hang around any longer. He ran away from Egypt and the life he once knew. He didn't know it at the time but by running away from his past he was running right to I AM WHO I AM.

Moses

So they call this place Midian. I wonder what adventure it will hold here. I am thirsty. I need a drink of water. Where is there water in this dry land? My spirit is parched. I am a man with a deep thirst.

Narrator

Moses stopped to rest by a well. At the same time, seven sisters stopped to give their father's sheep some water. Shepherds came by and were rude to the sisters. They bullied them and pushed the women aside, telling them to get out of their way because the water was for their use. The shepherds adamantly told the women the water was needed more by them than the women. Women did not have rights and freedoms. They did not understand resiliency or positive mental health attitudes. They stepped aside.

Moses

These women were here long before you arrived. They need the water just as much as you do – in fact, they need it more than you do! If you have a problem with this water take it up with me and leave the women out of this. If you don't have a problem, wait your turn and leave us alone. The women deserve this water as much as you or I do.

Narrator

The shepherds listened to Moses. Moses stayed and helped feed the sheep for the seven sisters. When the sisters arrived home later that evening, their father asked them about their day. The sisters were eager to share the adventure that unfolded by the water well. Their father listened intently. He instructed the women to go back to the well and invite Moses to return for supper. The women did as they were instructed. When they found Moses, they realized that he did not have a place to stay for the evening. The father insisted he stay with them. Moses later married one of the sisters whose name was Zipporah. Moses settled into this new land and became a shepherd. He took

Moses – the Shepherd jmj

care of many animals. He enjoyed a peaceful life as husband, brother-in-law, son-in-law and father. He took care of the land and tended to all of **I AM's** creatures. He had joy in his heart.

As the years went by, the pharaoh of Egypt eventually died. The Hebrew people were still slaves. They constantly prayed to God for help. God heard their cry and felt bad for them. He knew what needed to be done. God knows all of our needs before we do!

Moses

Today is such a quiet and peaceful day. There isn't much excitement in this field. All day, I tend to the sheep, talk to them a little and enjoy the beautiful sunshine. What??? Wow!!! I can't believe it! Is that bush on FIRE? There seems to be so much smoke but the bush does not burn up. I don't understand. I will investigate the strange burning bush and extinguish the flame that glows brightly in it, around it and above it. What a sight that bush is! I must walk up the mountain and investigate it closer.

Burning Bush – I AM WHO I AM

Moses! Moses! Moses!

Moses

I am here. What do you want of me? You strange burning bush...You know my **name?**

Burning Bush - I AM WHO I AM

Moses, stop where you are! Don't come any closer. Take off your sandals as respect for my presence. You are in the presence of I AM WHO I AM! Who I AM, Moses makes a difference to you...I AM will make a difference to others too.

Who I AM makes a huge difference to everyone because I AM the God of your father, I AM the God of Abraham, I AM the God of Isaac and I AM the God of Jacob. I AM!

Moses

I have heard of these men. They were great men, great leaders. They are far greater than I will ever be. They are considered heroes by all who have heard of them. I believe in their God but I am a humble man. I am a man of fear. I fear that if I look into your face I will die from the brilliance and power of who you are. I am not ready to die. I fear death. If you are I AM, save me. Save me from my many sins. Oh, I AM WHO I AM...please save me from my sins.

Moses – the Shepherd jmj

Burning Bush - I AM WHO I AM

I have seen the deep creases of pain carved into the faces of my people in Egypt. I have heard their continuous cry for help and assistance. I want to save the people of Egypt because they are my children. I want to take them to another place where the land is rich and flows of milk and honey. I am their Father, they are my children. This land is a good land. My children will be happy there. Moses, my son, I have chosen you to lead my people out of Egypt and into freedom forever. I am sending you to free the Israelites from the Pharaoh. I have chosen you! Your humble heart pleases me Moses! You will become a great leader. People will always remember who you are.

Moses

Sorry to disappoint you, **I AM**, but I think you have the wrong person. I'm a regular guy. I am a humble guy but just regular. I couldn't possibly convince the Pharaoh to set all the Israelites free. The Pharaoh wouldn't listen to me. He would roll over laughing. I have imperfect speech. I stutter and stumble over my words. No one would ever take me seriously. It is best if you find another man.

Burning Bush - I AM WHO I AM

I will be with you Moses. I will help you. Tell the Israelites that I have sent you. Tell them that **I AM** has heard their prayers and will send them to a better place. Don't worry Moses, they will listen to you. Be patient with them and they will be patient with you. Pharaoh won't listen until he has been convinced by many signs. He will be punished for his disobedience. I will take care of him. After that, he will let you go and set the Israelites free. If you trust in me, it will happen Moses! Trust me! Follow my word.

Moses

What if the Israelites don't believe me? What if they think this is a story that I made up? What if they say I am lying? I trust you but I can't just say **I AM** sent me. They'll laugh. Could you put it in writing or something? Maybe a video of you and I together?

Burning Bush – I AM WHO I AM

Throw your staff on the ground, Moses.

Narrator

Moses quickly did as he was instructed to do. As his staff became a snake Moses jumped out of the way. The snake slithered over his foot and waited.

Moses – the Shepherd jmj

Burning Bush – I AM WHO I AM

Pick it up by the tail, Moses. Be obedient to my instructions. It will not harm you Moses.

Narrator

Moses didn't like snakes but he didn't want to be disobedient to God. He picked the snake up by the tail and it turned back into this staff. **I AM** continued to show Moses signs he could demonstrate to the people. Moses would even be able to turn water into blood because **I AM** would do it for him. Even after all these signs Moses still didn't think he could do it. Moses felt his imperfect speech would not convince anyone to do anything. **I AM** was starting to get frustrated with Moses lack of trust. Moses would be able to do anything with God's help but it meant Moses had to believe without any conditions in the power of God.

Burning Bush – I AM WHO I AM

I will send your brother Aaron along with you to help you in this journey. In fact, he is already on his way to see you. I will help both of you. I will give you the words but he will be the one to speak. You will do this Moses. I have asked it of you.

Narrator

After that encounter, the bush stopped burning. **I AM** was gone. Moses put on his sandals and made sure to take his staff of **I AM**. Moses went to get his wife and children in order to prepare for his journey to free the Israelites. Moses heart was filled with joy. The journey was beginning. Moses would walk in obedience of the one called **I AM**. Will you walk in obedience too?

Who I AM Questions

Who I AM Questions – cut and distribute one question to each small group

Explain how you have questioned God's participation or presence in your life?

What is the connection between I AM WHO I AM and Positive Mental Health?

When God calls you to act in obedience, how do you listen to Him?

How have you regretted **not** following God when He called you to do something in His name?

Who do you consider your family to be? What role does God play in connection to your family?

Is God at the center or on the outside of your family?

What are ten ways God can be drawn closer to your family or to your friends?

Who **I AM** Makes A Difference Because Jesus Loves Me! is a project based on Moses and The Burning Bush. What does this project look like, sound like, feel like to you?

How has the Who **I AM** project changed you appreciation toward others?

WHO I AM... Personal Reflection

Please be honest in answering the following questions. This survey is not meant to be all-encompassing nor is it about rating your faith life in comparison to others. This is to help us see the ways in which we can respond to your call to faith and the areas that need the most attention.

	Strongly Agree	Somewhat Agree	Disagree
1. I regularly attend Mass.	1	2	3
2. I participate fully in Mass on Sunday.	1	2	3
3. I use my gifts and talents for the Glory of God.	1	2	3
4. I am actively involved in the life of the Church.	1	2	3
5. I take advantage of being a positive role model	1	2	3
6. I have a good understanding of the teachings of my faith.	1	2	3
7. I have good knowledge of scripture.	1	2	3
8. I desire to grow deeper in faith.	1	2	3
9. I am the same person at Church as I am at school.	1	2	3
10. I have strong morals that help others to grow strong.	1	2	3
11. I share my time and money with the less fortunate.	1	2	3
12. My friends and family know me as a Christian.	1	2	3
13. God has a plan for my life.	1	2	3
14. I pray and listen to God's direction.	1	2	3
15. I have the ability to help others get to heaven.	1	2	3
16. My goal is to get to heaven.	1	2	3

My definition of FAMILY is

Thank you and God Bless ☺

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