






Who I AM Makes a Difference Religion & Positive Mental Health and Wellness

Grade 9 – Be With Me Unit Overview

Grade 9 - Unit “Be With Me”					
Lesson and Title		Learning Goal	Approximate Length of Lesson and Type of Activity		
		By the end of this lesson students will...	Minds On	Action	Consolidation
1.	<p>Who <u>I AM</u>... Prayer Service</p> 	demonstrate an understanding of Sacred Scripture as divinely inspired literature, the word of God expressed in human terms.	<p>15 minutes Provide the background to the Who <u>I AM</u>... project. Reflection Questions</p>	<p>45 minutes Prayer Service in chapel/ classroom. Letter from God.</p>	<p>10 minutes Three reflective questions to be answered in student's Prayer Journal</p>
2.	<p>Who <u>I AM</u>... Mentor Text 'The Giving Tree – A Retelling of a Traditional Métis Story'</p> 	demonstrate an understanding of how to live in a challenging society while keeping your focus on Jesus.	<p>15 minutes Understanding how symbols can create positive mental health feelings for individuals.</p>	<p>45minutes Read aloud of the Mentor Text 'The Giving Tree'.</p>	<p>15 minutes EXIT CARD <i>Can music speak the Who <u>I AM</u> message to us?</i> <i>"I can only imagine..."</i></p>
3.	<p>Who <u>I AM</u>... Research Task</p> 	independently learn through Who <u>I AM</u> Choice.	<p>15 minutes Who <u>I AM</u>... Rainbow Skit and reflections</p>	<p>45minutes Who <u>I AM</u>... Choice with rubric</p>	<p>15 minutes EXIT CARD reflection; who makes a difference in your life?</p>

4.	<p><i>Who I AM... Culinary Delight</i></p> 	demonstrate an understanding of locating key scripture passages to complete a culinary task.	<p>7 minutes</p> <p>Cookie Challenge and investigation.</p>	<p>60 minutes</p> <p>Culinary Delight through Scripture Baking.</p>	<p>8 minutes</p> <p>EXIT CARD reflection on positive mental health attitudes</p>
5.	<p><i>Who I AM... The Presentation of the "Gift of Words"</i></p>  <p>Dedicated to the wonderful students whom I am privileged to teach every day.</p>	demonstrate an understanding of the relationship between Ex. 3 & their personal life as they express appreciation for others.	<p>25 minutes</p> <p>Ron & Don Skit</p> <p>The history of Who I AM Makes A Difference Because Jesus Loves Me!</p>	<p>40 minutes</p> <p>The Presentation of the "Gift of Words". Who I AM... The Challenge!</p>	<p>10 minutes</p> <p>The Tree of gratitude and appreciation brainstorming activity.</p>