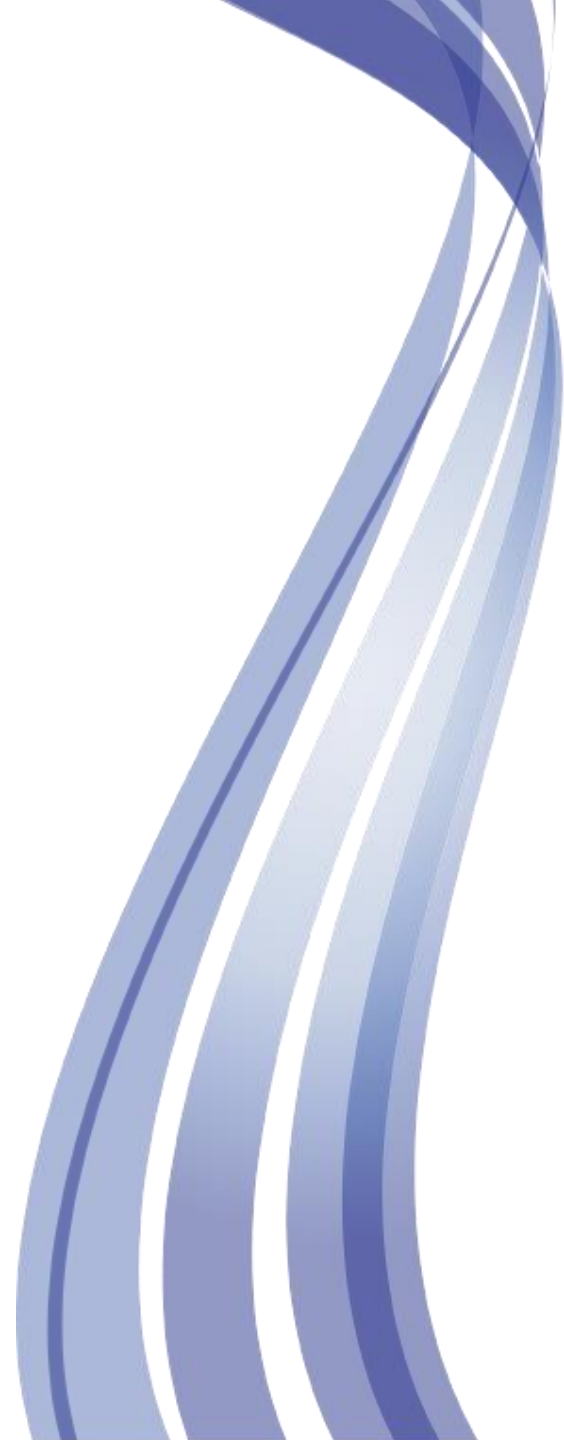




2023 Mid-Year Retreat

Opening Liturgy: Restless



Opening Prayer:



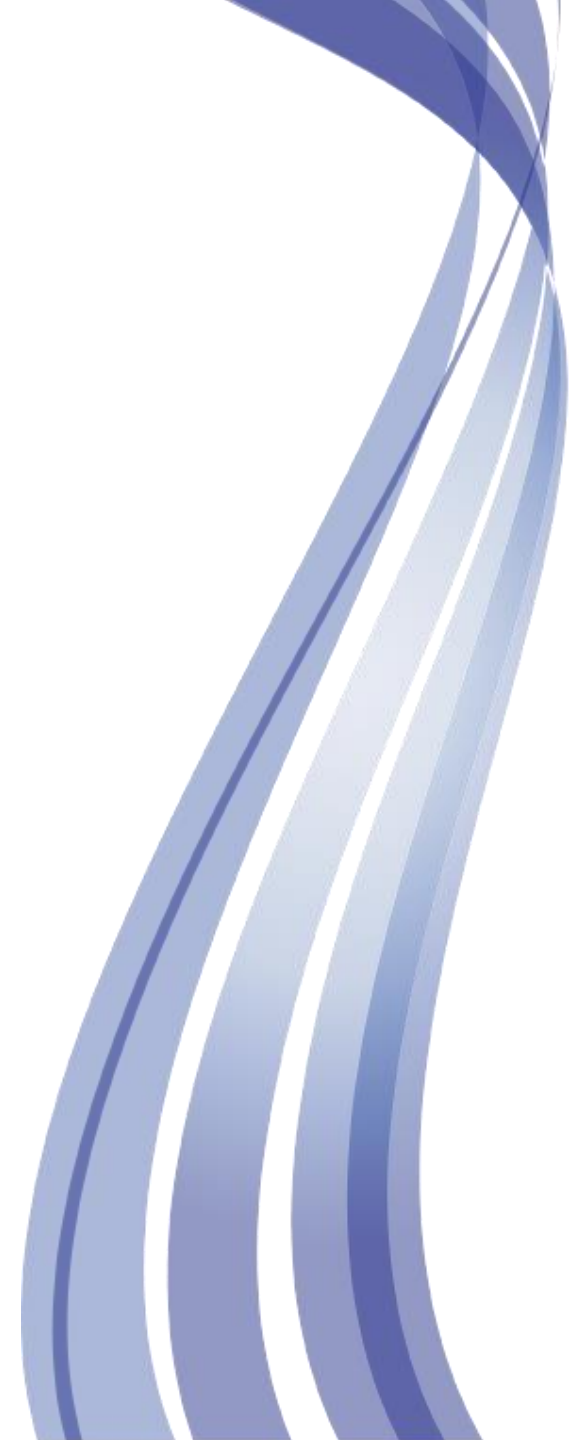
Our heart is restless
until it rests in You.

Saint Augustine

quote fancy



[Restless \(Audrey Assad\)](#)






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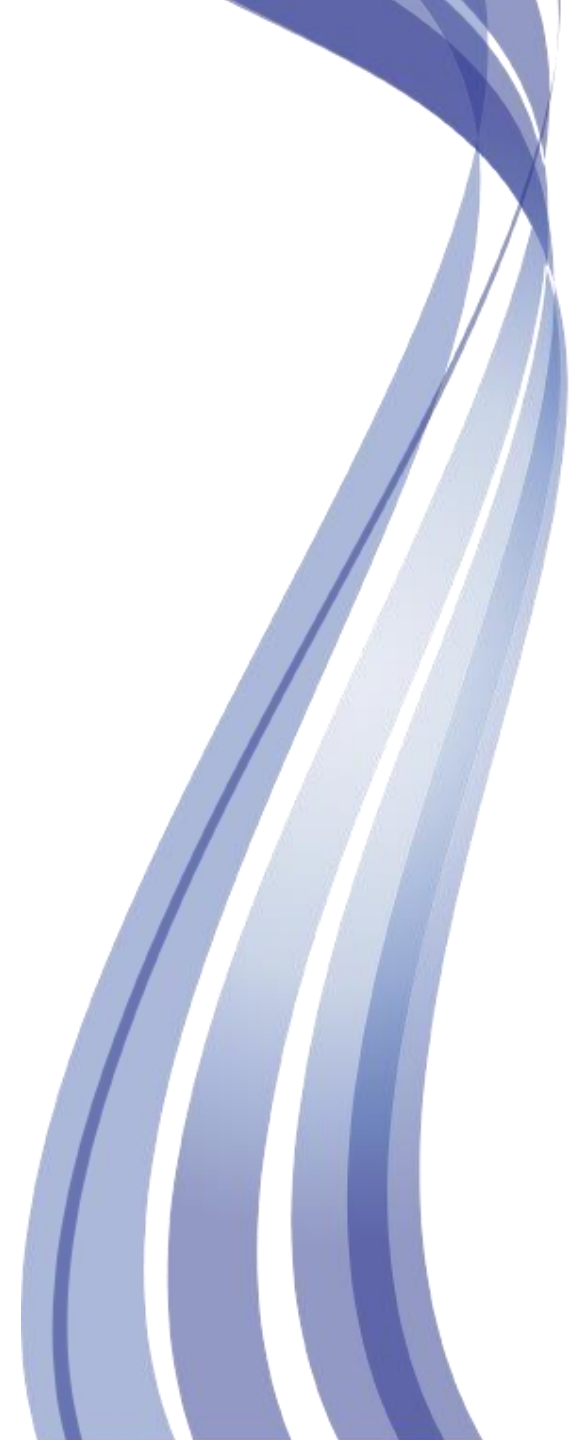
MY SOUL
FINDS REST
IN GOD ALONE

MY SALVATION
COMES FROM HIM

HE ALONE
IS MY ROCK
AND MY SALVATION

————— PSALM 62:1-2 —————

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Closing Prayer:

God our creator,
you have made us for yourself,
and our hearts are restless
until they find their rest in you;
so lead us by your Spirit
that in this life we may glorify you
and in the life to come live in your eternal presence.

We ask this through Jesus Christ our Lord
who is alive with you and the Holy Spirit,
one God, forever and ever.

Amen.