

Liturgical Planning Template: Staff Twilight Retreat

Time: 4:00 PM – 7:30 PM

Welcome Remarks: (Welcome participants and introduce retreat theme)

Opening Prayer:

Blessing *Let us begin in the name of the Father and of the Son...*

Prayer *...through Christ our Lord. Amen.*

Session One (4:00 – 5:15)

A. Small Group Activity (20-30 min)

Reading (Scripture – in keeping with theme – or from noted author)

Three Reflection Questions. – calling forth personal reactions/experiences

B. Personal Reflection Activity (5-10 min)

Provide paper/sheet (with optional reflection/integration question) and time for journaling, composing prayer, written reaction to small group questions.

C. Group Integration Exercise (20-30 min)

1. In a group, construct an image/song/poem that symbolizes the meaning of theme.
2. Have each group present their image/song/poem.

D. Prayer (10 min)

Scripture Reading

Minute of Silent Reflection

Prayer of Faithful (Church, World, Suffering/Oppressed, Local Community, Personal)

Our Father

Break for Dinner (5:15 – 6:00)

(Food should be prepared and ready to serve; have someone lead in grace/blessing food.)

Session Two (6:00 – 7:30)

Introductory Remarks to Session

A. Video Presentation/Speaker (20 – 30 min)

B. Debriefing (15 – 20 min)

Have reflection questions ready (if needed).

C. Preparation of Prayer Intentions for Prayer Service by Participants (5 min)

D. Prayer Service (10 – 15 min)

(Prepared ahead of time)

Suggested format:

Brief Introduction and Song

Opening Prayer

Scripture Reading

Response (Shared/Read/Sung)

Prayer of Faithful (plus spontaneous prayer)

Our Father

Sign of Peace

Closing Prayer and Blessing (And may Almighty God bless us: Father, Son...)

Closing Song

Dismiss